

# Calvary Child Care Center and Calvary Christian School's Wellness Policy

PARENTS – please post this somewhere where you can reference it throughout the year ☺

Calvary Child Care Center/Calvary Christian School is concerned about the health and safety of your child. We will take every measure to insure your child's well being. It is our goal to keep every child safe and healthy. We need your assistance in this effort.

**The following guidelines must be strictly followed in an effort to keep all children healthy:**

1. Should your child become ill while at the center, we will phone you at work and expect your child to be picked up as soon as possible. If leaving work for this reason poses a problem, we suggest finding an emergency contact person that will be able to do this for you.
2. \*\*\*Should your child need to visit a doctor due to illness, we will need a **certificate of return from your doctor stating the date when your child can return to the center.**
3. We may administer doctor prescribed medication only. **All “over the counter” medication (including Tylenol, Motrin, etc.) will only be administered with a doctor’s note dated specifically to the current illness.** The only exception to this policy is for over the counter decongestants or antihistamines, which may be given without a doctor’s note. Every other “over the counter” medication must have a doctor’s note. Medication is dispensed mid day only (between 11:30 - 2:30).
4. \*\*\*Sick children must remain at home until they are well enough to come back to the center/school. When children are present at child care or school, they are deemed well enough to also participate in outdoor activity. Specific amendments to this policy include but are not limited to:
  - a. A child must be **fever free for 24 hours** before they may attend the center
  - b. A child must be **free from vomiting for 24 hours** before they may attend the center
  - c. If a child has diarrhea he/she must **remain at home for 48 hours unless your doctor sees the child** and sends a note dictating otherwise.

Diarrhea is defined by one of the following:

    - 1a. One runny stool accompanied by a fever (101+)
    - 1b. 3 runny stools in succession
  - d. **\*\*A child will need to leave the center and be seen by a physician should any discharge be evident from the eyes.** If a contagious eye condition is present, the child must be given a full 24 hours of appropriate medication before returning to the building.
  - e. **\*\*A child must remain at home until he/she has been on an antibiotic for a full 24 hours or appropriate doses.**
  - f. Any other contagious condition will be dealt with an individual basis.

**\*\*Exceptions to this wellness policy will only be made if a doctor’s note states otherwise. This must be in writing (with a specific date!!) from your doctor.**

Our fax number is 295-6691